

## ITINERARY FOR TENERIFE, CANARY ISLANDS, SPAIN

*This itinerary should be read in conjunction with the online map which includes more details on restaurants, parking spots etc.*

Days: 4 (This itinerary is organised based on the 4-days-trip assumption. Feel free to edit it to suit your purposes)

Airport of choice: South airport

Location of accommodation: Los Cristianos

Some extra nice-to-visit places if you have more time: Garanchico, Icod de los Vinos, San Cristobal de la Laguna and Puerto de la Cruz

### Day 1: Meeting the 'civilised' side (unprotected land) with a small taste of rurality

- 1) EL MEDANO: Small town located in close proximity to the southern airport (ideal for a pit stop after landing). Walk along the waterfront in Playa del Medano and have breakfast, lunch or beer enjoying the nice breeze and long-distance views towards la Montana Roja. *If there is extra time: Visit Playa de la Tejina nearby. Ideal location for watersports (mainly windsurfing and kitesurfing).*
- 2) LAS ZOCAS: Nearby village, approx. 20 min distance by car and an ideal place for lunch before heading to the next destination or the hotel. This is a small residential village with one or two restaurants serving delicious traditional food. *Recommended restaurant: El Riconcito de Hilario.*
- 3) LOS CRISTIANOS: Recommended location for accommodation, in close proximity to a range of facilities and the main road network offering immediate connections to the southern airport, Santa Cruz to the north, El Teide, Los Gigantes and other important destinations. This area is characterised by a long stretch of a car-free promenade along the sea offering long-distance views and a variety of options for cafes, restaurants, bars and clubs, ideal for every age group. *Recommended beaches nearby: Playa de las Americas, Playa de los Cristianos, Fanabe beach, Playa de la Pinta etc. Extra tip: If you choose to stay around Los Cristianos area, be aware that parking will be an issue. Either choose a hotel that offers parking on-site or it is located in close walking distance to a private parking. Recommended parking in good location: Calle Valencia 2 Garage.*

## Day 2: Meeting the two extremes (the metropolitan area & the wild nature)

- 4) SANTA CRUZ: Depending on the season, the capital is best to be visited in the early morning (around 9 am) before going to the beach or in the afternoon to avoid the heat waves. *Extra tip: Be aware that parking in the city is an issue, so be prepared to spend some time looking for an empty space. There is also the option of private parking but check the opening hours as many of them close around the afternoon time.*
- 5) TAGANANA & BENIJO: The adventure begins as you leave the city. Those remote and rural areas are approximately 40 min distance by car (from Santa Cruz). However, driving can be challenging due to the meandering layout of the narrow rural lanes. In the event of rain, there is also a possibility for fog, so drive carefully. The landscape and general scenery will reward you along the way. Playa de Benijo is mainly known amongst the surfers. *Recommended restaurants: Restaurant Roque las Animas & restaurant playa casa Africa.*

## Day 3: Wild landscape and breathtaking views above the clouds

- 6) MASCA: Small mountain village tucked into the clouds. Ideal place for breakfast before going to the beach. There is a number of restaurants that serve traditional dishes offering great views. *Extra tip: It is best to find parking along the main road, as close as possible to the main 'entrance' to the village (as shown in the map). Recommended restaurant: El Quanche alte Schule has a delicious local cuisine and friendly staff.*
- 7) LOS GIGANTES: Quite a change of scenery compared to the typical sandy beaches. Los Gigantes offer a distinct landscape of giant rock formations that rise from the sea to a height of 500-800 metres. It is a place that you must see. In addition, there is a neighbourhood centre nearby the beach where a number of facilities can be found (ideal for lunch or dinner - shown in the map). *Extra tip: Recommended areas for parking are shown in the map. This spot is in close proximity to the main beach and the village hub. Avoid parking to the south of the area, as the walking distance increases (not ideal during summertime).*

## Day 4: A whole day dedicated to hiking

- 8) EL TEIDE: Visiting the volcano will take most of your day. You need to have an early start as it can get very hot during mid-day, especially in summertime. Depending on where you will be coming from, I would definitely recommend using different routes, on your way to El Teide and on your way back, to experience different scenes and landscapes. This route here starts from the south (Los Cristianos being the starting point) and continues north (where there is rich nature). *Extra tip: The map includes a recommended place for parking, next to a café/restaurant and to a hiking route. Teleferic or hiking? I personally chose to do the hiking instead of taking the cable car, because I believe you get the same, if not better, experience/view to the landscape and volcano. But it is undeniably a quicker option if you are on a tight schedule or if you are less sporty type of person.*

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